

AARP Driver Safety Program



**Your Car Gets
Regular Tune Ups.
Shouldn't Your Driving Skills?**

**Enroll in the AARP Driver
Safety Program today.**

Visit www.aarp.org/safelydriving
or call toll-free **1-866-664-5370**

AARP[®]

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AARP Can Steer You in the Right Direction

How's My Driving?

As we age, it is important to take the time to reflect on safe driving. Here's a handy self-evaluation. Put a check in the box with your correct answer:	Yes	No
1. Do you sometimes say, "Whew, that was close?"		
2. At times, do cars seem to appear out of nowhere?		
3. At intersections, do cars sometimes proceed when you feel you have the right of way?		
4. Are gaps in traffic harder to judge?		
5. Do others honk at you?		
6. After driving, do you feel physically exhausted?		
7. Do you think you are slower than you used to be in reacting to dangerous driving situations?		
8. Have you had an increased number of near-crashes in the past year?		
9. Do you find it difficult to decide when to join traffic on a busy interstate highway?		
10. Do intersections bother you because there is so much to watch for in all directions?		

How Did You Score?

If you answered "yes" to any of these questions, it may be time to brush up on your driving skills with the AARP Driver Safety Program.

AARP Driver Safety Program

The AARP Driver Safety Program is the nation's first and largest driver improvement course designed for drivers age 50 and older. Available in a classroom setting and online, the course is open to AARP members and nonmembers of all ages, and there are no tests. The course covers topics such as:

- ▶ Defensive driving techniques, new traffic laws, and rules of the road.
- ▶ How to adjust to age-related changes in vision, hearing and reaction time.
- ▶ How to deal with aggressive drivers.
- ▶ How medications may affect driving.
- ▶ How to safely use anti-lock brakes, air bags, and safety belts.
- ▶ How to minimize distractions, including cell phone use, while driving.

Best of all, the AARP Driver Safety Program classroom course is only \$12 for AARP members and \$14 for nonmembers. You may also be eligible to receive an insurance discount, so consult your agent for details.

Volunteer with the AARP Driver Safety Program

Looking for a way to give back to your community? Become a volunteer with the AARP Driver Safety Program! With your help, we can make the AARP Driver Safety Program available to everyone who wants to refresh their driving skills and to stay safe on today's roads. As a volunteer, you have the opportunity to give back to your community and keep the roads safe for all. For information on volunteer opportunities, please call toll-free at **1-866-664-5370** or visit **www.aarp.org/driversafetyvolunteers**.

**Call the AARP
Driver Safety
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1-866-664-5370
www.aarp.org/
safelydriving**

Sometimes the Best Safety Feature Is an Education

Five Steps to a Safer Car

For drivers over 50, safety features are especially important, since death rates due to injuries from crashes are much higher for older people than for younger age groups. Here are five safety tips to consider when buying a new or used car:

1. Ensure safety belts work.
2. Look for a vehicle with air bags, including passenger as well as side or curtain air bags.
3. Choose brighter and lighter exterior colors.
4. Get anti-lock brakes.
5. Make sure the front seat is adjustable.



For local course information, or to volunteer, contact:

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